

Confederation Park Community Association



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Sept 2023

Find Your FIT & FUN with us!

miyo-wâhkôhtowin Road

(pronounced: mee-yo wah-KOH-toh-win)

The proposed new name for John A Road is “miyo-wâhkôhtowin Road” – a Cree word meaning good (miyo) relationship (wâhkôhtowin). The City’s [website](#) has the latest information.

Walking forward, together!

Support Your Rink!

For the upcoming season, we need a volunteer **RINK COORDINATOR** as well as a few volunteers for the **RINK CREW**. Training provided. Try it out!



Dwayne – you rock!

OUR HUGE THANKS to Dwayne for volunteering with the rink for 10 years – **wow!!** Shovelling, snow blowing, scraping, flooding – so kids and neighbours could strap some skates on and enjoy the rink with friends. You made a big difference in so many peoples lives. We will miss you!

Save the date –

Volunteer Info Night & AGM

Monday, October 23rd

Everyone welcome. In October, check our [Facebook](#) and [Website](#) for more details.

By volunteering you get to meet new people, try something new, contribute to your community, learn new things, have fun, build your resume and most of all, have fun building your community.



Your Community Association volunteers:

- Maintain and run the rink
- Create the community newsletter
- Manage the CPCA website & Facebook
- Plan fun events
- Offer affordable programs & sports for all ages in schools and other community venues

Qualifications: Community pride & a little bit of spare time. 😊 Interested? Message us today!

FALL PROGRAMS (*register on our website*)

CHILD & YOUTH PROGRAMS

OPEN GYM (Parents stay & play)

(Age 12 & under)

WEDNESDAYS

Sept 27th – Nov 29th

6:30 - 8:00 pm

wâhkôhtowin School, Large Gym

Play inside with your kids

FREE with Membership (registration required)

Parent supervisor still needed!

YOUTH DROP-IN (multi-sport)

(Ages 13 – 18 yrs)

We'll play Basketball, Volleyball

Badminton – and more!

WEDNESDAYS

Sept 21st – Dec 7th*

6:30 – 8:00 pm

wâhkôhtowin School, Large Gym

(Use the doors by the DAYCARE entrance, to the right of the front doors)

FREE (no registration required)

*Sept 28th might get cancelled – check Facebook for update!

MEMBERSHIPS:

A Community Association Membership is required to participate in most Programs. A Membership costs \$10/family, and is good for the whole year (Sept 2023 – April 2024). You can purchase this online when you [register](#). We also accept other Community Association Memberships.

SHORT on MONEY?

We can help with Registration Fees.

E-mail us for more information.



ADULT (& OLDER TEEN)

PICKLEBALL

(16 yrs & up)

TUESDAYS

Sept 26 – Dec 5 / 6:30–8 pm

wâhkôhtowin School, Large Gym

Paddles & balls provided

Beginner and intermediate play

\$25 + Membership

FREE Pickleball LEARN-to-PLAY Sept 19th – registration is required.

BADMINTON

(16 yrs & up)

TUESDAYS

Sept 26 – Dec 5; 8–9:30 pm

wahkohtowin School, Large Gym

Bring your own racquet

Beginner and intermediate play

\$25 + Membership

GENTLE FITNESS with EDNA

(16 yrs & up)

Suitable for beginners, and people getting back into a fitness routine.

WEDNESDAYS

Sept 27 – Dec 6 / 7–8 pm

Bishop Roborecki School, Gym

\$40 + Membership

ZUMBA with ASTHER

(Age 16 yrs & up)

THURSDAYS

Sept 28 – Dec 7 (no program Nov 23)

7 – 8 pm

Bishop Roborecki School, Gym

\$50 + Membership

ADULT BASKETBALL

(Age 18 yrs & up)

FRIDAYS

Sept 15 – Dec 8 / 6:30 – 8:30 pm

(no program Sep29, Oct6, Nov10)

wâhkôhtowin School, Large Gym

Intermediate play

\$25 + Membership